

FAMILY AND CONSUMER SCIENCES

LENGTH OF TIME: 23 days, 90 minutes

GRADE LEVEL: 8

COURSE STANDARDS:

Students will:

1. Demonstrate how to give a good first impression (job interview). (PA Academic Std 11.1.6.D)
2. Demonstrate proper phone skills for an interview. (PA Academic Std 11.1.6.D)
3. Examine the elements involved in staff planning, recruiting, interviewing, and selecting of employees. (PA Academic Std 11.1.6.D, 11.1.6.E)
4. Explore opportunities for employment and entrepreneurial endeavors. (PA Academic Std 11.1.9.E, 11.2.9.D)
5. Define investment terms. (PA Academic Std 11.1.6.B, 11.1.9.B)
6. Illustrate a stock portfolio. (PA Academic Std 11.1.6.B, 11.1.9.B)
7. Compare and contrast short and long term investments. (PA Academic Std 11.1.6.B 11.2.9.D)
8. Explain the effects on health based on nutritional choices. (PA Academic Std 11.3.6.A, 11.3.6.C)
9. Research, analyze and prepare ethnic foods. (PA Academic Std 11.3.6.A, 11.3.6.B, 11.3.6.F)
10. Compare and contrast ethnic food to typical American food choices. (PA Academic Std 11.3.6.C)
11. Analyze the food choices being offered to individuals on a daily basis in comparison to the food pyramid. (PA Academic Std 11.3.6.C, 11.3.6.D)

RELATED PA ACADEMIC STANDARDS FOR FAMILY & CONSUMER SCIENCES

- 11.1 Financial and Resource Management
 - B. Spending Plan
 - D. Consumer Rights and Responsibilities
 - E. Income
- 11.2 Balancing Family, Work and Community Responsibility
 - D. Space Planning
- 11.3 Food Science and Nutrition
 - A. Food Supply
 - B. Safety and Sanitation
 - C. Nutrient Analysis
 - D. Nutrition and Health
 - F. Meal Management

PERFORMANCE ASSESSMENTS:

Students will demonstrate achievement of the standards by:

1. Selecting a career of choice and achieving a job placement within the career choice. (Course Std 1, 2)
2. Describing the career choice to others as a possible option. (Course Std 3)
3. Design a stock portfolio to help ensure future stability. (Course Std 4, 5)
4. Compare and contrast salaries to investment options. (Course Std 6, 7)
5. Research, identify, and prepare various ethnic food types. (Course Std 8, 9, 10 ,11)

DESCRIPTION OF COURSE:

The 8th grade curriculum in Family and Consumer Sciences will build upon prior knowledge acquired through all academic courses and apply the knowledge into more interactive and demonstrative objectives. Students will research, select, and present a career choice in a presentation, develop and maintain a type of financial portfolio, and conduct culinary labs to further their knowledge in the Food Sciences. Students will also gain research, cooperative learning, communication and writing skills necessary for future use.

TITLES OF UNITS:

1. Career Exploration 7 days
 - a. Career options/exploration
 - b. Application/Resume writing strategies
 - c. Interview skills
 - d. Thank you letter development
 - e. Job responsibilities
2. Financial Investment 10 days
 - a. Stock
 - b. Bonds
 - c. Real Estate
 - d. Assets
3. Cultural Foods 6 days
 - a. Research other cultures culinary styles
 - b. Create an ethnic dish
 - c. Compare the diets of Americans to other cultures

SAMPLE INSTRUCTIONAL STRATEGIES:

1. Worksheets
2. Class discussions
3. Cooperative learning
4. Modeling – (teacher and student demonstrations)
5. Self evaluation
6. Peer evaluation
7. Magazine/Newspaper articles
8. Small/large group activities
9. Student samples
10. Peer tutor

11. Guest speaker
12. Lab practical

MATERIALS:

1. Building Life Skills, Goodheart-Wilcox Publishing, 2005
2. Teacher made worksheets and information sheets
3. Videos, filmstrips, power points, overheads
4. Magazines and newspaper articles
5. Rubrics
6. Project supplies
7. Recipes (Internet, family, books, magazines)
8. Brochures
9. Foods equipment and utensils
10. Posters
11. Food products
12. Internet

METHODS OF ASSISTANCE AND ENRICHMENT:

1. Cooperative learning groups
2. Specialist assistance
3. Guest speakers
4. Integrated units with other disciplines
5. Internet Access
6. Opportunity for additional assistance during activity time, resource, and after school
7. Community service project

PORTFOLIO DEVELOPMENT:

At the end of 45 days (23 class days), student's portfolio is graded and handed to the student. One worksheet that demonstrates that the student can analyze and interpret written work will be placed in the buildings portfolio for that student.

METHODS OF EVALUATION:

1. Graded class work
2. Worksheets
3. Quizzes and test
4. Rubrics for student's projects; Holistic and Analytic
5. Class participation and preparation
6. Group activities
7. Portfolios
8. Lab practical

INTEGRATED ACTIVITIES:

1. Concepts
 - a. use tools, utensils, and equipment correctly and safely
 - b. develop research skills to explore career choices

- c. develop basic food preparation skills
 - d. develop job related skills
2. Communication
 - a. listens and understands messages
 - b. responds orally and in writing
 - c. exchange information orally, including instructions, questions and group communications
 - d. produce, perform or exhibit their work
 3. Thinking/Problem Solving
 - a. use effective research and information management skills
 - b. analyzes and dissects a problem/develops a solution
 - c. apply concepts in daily life
 4. Application of Knowledge
 - a. use and master tools utilized within the classroom
 - b. develop knowledge of injury prevention and treatment
 - c. exhibit skills
 - d. illustrates skills
 5. Interpersonal Skills
 - a. demonstrate skills of communications
 - b. work cooperatively with others
 - c. work effectively as group members
 - d. demonstrate leadership skills in groups
 - e. demonstrate ability to listen
 - f. demonstrate ability to follow directions
 - g. illustrates support and concern for others